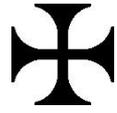


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- Our Heart is **Eucharistic** -

MARCH 8, 2026

ORDINARY FORM - ENGLISH

Third Sunday of Lent

EXTRAORDINARY FORM - LATIN

Third Sunday of Lent

ATTENDANCE & OFFERINGS

Attendance	Feb 1	Feb 8	Feb 15	Feb 22	Average
English Mass	110	121	106	103	110
Latin Mass	176	159	183	235	188

Cash/Checks	\$ 3,367	\$ 2,160	\$ 3,403	\$ 4,134	\$ 3,266
Online Giving	\$ 713	\$ 833	\$ 637	\$ 802	\$ 746
TOTALS	\$ 4,080	\$ 2,993	\$ 4,040	\$ 4,134	\$ 3,812

Our weekly average target amount is **\$5,500**. Thank you for your donations in support of our community. They are certainly needed, as is your ongoing generosity and continued prayer. **Please remember to use the collection boxes on your way up to communion or at any time before or after Mass.**

PRAYING FOR THE SICK & INFIRM

Those who are in special need of intercession by our prayerful community may have their names listed in our bulletin. To add or remove names from the list, leave a message at 585-305-6394.

Fr. Robert Bradler	Patrick Bleier	Jim & Jackie Ansbury
Charles Ishman	Karen Asam	Peggy Butler
Fr. Peter Helfrich	Avery S.	Joshua & Sammy Polito
James Gullo	Patti Baker-Lennox	Fr. Fred Helfrich
Leni Lestari	Jonah D.	Geoffrey Hopgood
Jane Hopgood	Janet Griswold	Amy Cristillo
Barbara Lynch	Natalie O'Connor	Liza Barzac
John Maurer	Mark Burns	Marcy Gabello
Amanda Gee	Michael Bonnano III	Gene Cherkis
Fr. Peter Bayer	Mary Gately	

GUIDELINES FOR COMMUNION

Catholics need to remember the Church's traditional rules on the reception of Holy Communion. Practicing Catholics who are spiritually prepared (i.e. not conscious of mortal sin on their souls) may approach the altar rail to make a worthy Communion. If one has been away from Masses of Obligation (due to one's own fault) or if there is another reason for being ill prepared, the Sacrament of Penance (Confession) is necessary before the reception of the Most Holy Body and Blood of the Lord. We should always approach this awesome Eucharistic Mystery with souls empty of grave sin and full of great love. As in the awesome Incarnational Mystery of the Word-made flesh in the stable of Bethlehem, here holy fear and deep love co-mingle. Catholic couples in cohabitation (living together without the Sacrament of Matrimony) or in irregular marriages (without the blessing of Christ's Sacrament) are advised not to receive Holy Communion. These brothers and sisters of ours are of deep pastoral concern to the Church. Hopefully they will soon take steps to rectify their situation.

NEWS & ANNOUNCEMENTS

LENTEN OBSERVANCE (REQUIRED MINIMUM)

- ✝ **ABSTINENCE FROM MEAT:** Those who have completed their 14th birthday are obliged to abstain from meat on Ash Wednesday and on ALL the Fridays of Lent.
- ✝ **FASTING:** Those between the ages of 18 & 59 (inclusive) are also obliged to fast on Ash Wednesday and Good Friday. In fasting, one is permitted to eat a single full meal and two other small meals which, when added together, do not equal a full meal and no eating between meals.
- ✝ **OTHER ACTS OF PENANCE:** are encouraged according to one's health and generosity with God. The classic Lenten penitential formula is PRAYER, FASTING, and ALMSGIVING (i.e. works of charity and mercy).

THE STATIONS OF THE CROSS will be conducted and prayed on SUNDAY, MARCH 22, at 1:15PM in the Church. The prayer of St. Alphonsus Ligouri will be used. (Please note:) Father Helfrich will not be conducting the Stations this year in the Adoration Chapel on Wednesdays as in years past.

THE INSTALLATION OF HIS EXCELLENCY, the Most Reverend **John S. Bonnici** as the tenth BISHOP of the Diocese of Rochester will be taking place on March 19, the Solemnity of Saint Joseph, at Sacred Heart Cathedral. Attendance requires tickets; our 2 tickets have already been distributed. The Solemn Mass of Installation will be live-streamed with links available through: dor.org, sacredheartrochester.org, and catholiccourier.com. This is a great moment in our diocesan history-in-the-making. Our prayers and support go out to **Bishop John Bonnici** and our profound gratitude goes out to **Bishop Salvatore Matano**.

UPCOMING LATIN HIGH MASSES WILL BE:

March 15 Lactare Sunday, April 5 Easter, April 26 Third Sunday after Easter, May 24 Pentecost

CMA 2025-2026 The Diocese of Rochester has launched their 2025-2026 Catholic Ministries Appeal (CMA). Our goal this year is \$49,000. You can make a pledge and have until next May to fulfill your obligation. Please make sure that you indicate our parish number which is 400. As always, your support for the LMC is greatly appreciated. God Bless you all! As of Feb 24th (42) donors have pledged a total of \$13,060.00 which is 26.7% of our goal.

HELP WANTED

To volunteer for any of these projects or get further info, drop a note into one of the collection boxes or call Tricia at 585/755-1167. Thank you.

- ✝ We need someone to repair a couple broken floor tiles in the parish center. We already have Bondo for the repair, and all you need is a putty knife and two 15-minute work sessions.
- ✝ We need a volunteer to remove and repair the cracking ceiling plaster in the entrance to the parish center on the Colebrook side. Chipping away the damaged plaster can be done immediately, but the patching work will probably have to wait until warmer weather.

ORDINARY FORM - ENGLISH

Today's Mass Intention	Angelo Zegarelli+ Requested by Vincent Zegarelli
Next Sunday's Mass Intention	For Mark Hubbel+ Requested by Stephen & Jennifer Lockemeyer

CONFITEOR I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done, and in what I have failed to do; through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

KYRIE

READING I Exodus 17:3-7

In those days, in their thirst for water, the people grumbled against Moses, saying, "Why did you ever make us leave Egypt? Was it just to have us die here of thirst with our children and our livestock?" So Moses cried out to the LORD, "What shall I do with this people? a little more and they will stone me!" The LORD answered Moses, "Go over there in front of the people, along with some of the elders of Israel, holding in your hand, as you go, the staff with which you struck the river. I will be standing there in front of you on the rock in Horeb. Strike the rock, and the water will flow from it for the people to drink." This Moses did, in the presence of the elders of Israel. The place was called Massah and Meribah, because the Israelites quarreled there and tested the LORD, saying, "Is the LORD in our midst or not?"

RESPONSORIAL PSALM

R. If today you hear his voice, harden not your hearts.

READING II Romans 5:1-2, 5-8

Brothers and sisters: Since we have been justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith to this grace in which we stand, and we boast in hope of the glory of God. And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us. For Christ, while we were still helpless, died at the appointed time for the ungodly. Indeed, only with difficulty does one die for a just person, though perhaps for a good person one might even find courage to die. But God proves his love for us in that while we were still sinners Christ died for us.

GOSPEL John 4:5-15, 19b-26, 39a, 40-42

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there. Jesus, tired from his journey, sat down there at the well. It was about noon. A woman of Samaria came to draw water. Jesus said to her, "Give me a drink." His disciples had gone into the town to buy food. The Samaritan

woman said to him, “How can you, a Jew, ask me, a Samaritan woman, for a drink?”— For Jews use nothing in common with Samaritans.— Jesus answered and said to her, “If you knew the gift of God and who is saying to you, ‘Give me a drink, ‘you would have asked him and he would have given you living water.” The woman said to him, “Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?” Jesus answered and said to her, “Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life.” The woman said to him, “Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water. “I can see that you are a prophet. Our ancestors worshiped on this mountain; but you people say that the place to worship is in Jerusalem.” Jesus said to her, “Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You people worship what you do not understand; we worship what we understand, because salvation is from the Jews. But the hour is coming, and is now here, when true worshipers will worship the Father in Spirit and truth; and indeed the Father seeks such people to worship him. God is Spirit, and those who worship him must worship in Spirit and truth.” The woman said to him, “I know that the Messiah is coming, the one called the Christ; when he comes, he will tell us everything.” Jesus said to her, “I am he, the one who is speaking with you.” Many of the Samaritans of that town began to believe in him. When the Samaritans came to him, they invited him to stay with them; and he stayed there two days. Many more began to believe in him because of his word, and they said to the woman, “We no longer believe because of your word; for we have heard for ourselves, and we know that this is truly the savior of the world.”

CREDO I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, AND BY THE HOLY SPIRIT WAS INCARNATE OF THE VIRGIN MARY AND BECAME MAN. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one Baptism for the forgiveness of sins, and I look forward to the resurrection of the dead and the life of the world to come. Amen.

SANCTUS | MYSTERY OF FAITH Save us, Savior of the world, for by your Cross and Resurrection, You have set us free.

AGNUS DEI | RECESSIONAL HYMN (Page 10)

EXTRAORDINARY FORM - LATIN

Today's Mass Intention	Richard Lauriat+ Bob Burns
Next Sunday's Mass Intention	Arthur and Patricia May++ John A. May

INTROIT Ps 24:15-16

My eyes are ever toward the Lord, for He will free my feet from the snare. Look toward me, and have pity on me, for I am alone and afflicted. To You I lift up my soul, O Lord. In You, O my God, I trust; let me not be put to shame. V. Glory be to the Father, and to the Son, and to the Holy Ghost. R. As it was in the beginning, is now, and ever shall be, world without end. Amen. My eyes are ever toward the Lord, for He will free my feet from the snare. Look toward me, and have pity on me, for I am alone and afflicted.

COLLECT We beseech You, almighty God, hear the prayers of the humble and stretch forth the right hand of Your majesty to protect us. Through Jesus Christ, thy Son our Lord, Who liveth and reigneth with thee, in the unity of the Holy Ghost, God, world without end.

LESSON Eph 5:1-9

Brethren: Be imitators of God, as very dear children and walk in love, as Christ also loved us and delivered Himself up for us an offering and a sacrifice to God to ascend in fragrant odor. But immorality and every uncleanness or covetousness, let it not even be named among you, as becomes saints; or obscenity or foolish talk or scurrility, which are out of place; but rather thanksgiving. For know this and understand, that no fornicator, or unclean person, or covetous one - for that is idolatry - has any inheritance in the kingdom of Christ and God. Let no one lead you astray with empty words; for because of these things the wrath of God comes upon the children of disobedience. Do not, then, become partakers with them. For you were once darkness, but now you are light in the Lord. Walk, then, as children of light, for the fruit of the light is in all goodness and justice and truth.

GRADUAL Ps 90:11-12

Rise, O Lord, let not man prevail; let the nations be judged in Your presence. V. Because my enemies are turned back, overthrown and destroyed before You.

GOSPEL Luke 11:14-28

At that time, Jesus was casting out a devil, and the same was dumb; and when He had cast out the devil, the dumb man spoke. And the crowds marveled. But

some of them said, By Beelzebub, the prince of devils, He casts out devils. And others, to test Him, demanded from Him a sign from heaven. But He, seeing their thoughts, said to them: Every kingdom divided against itself is brought to desolation, and house will fall upon house. If, then, Satan also is divided against himself, how shall his kingdom stand? because you say that I cast out devils by Beelzebub. Now, if I cast out devils by Beelzebub, by whom do your children cast them out? Therefore they shall be your judges. But if I cast out devils by the finger of God, then the kingdom of God has come upon you. When the strong man, fully armed, guards his courtyard, his property is undisturbed. But if a stronger than he attacks and overcomes him, he will take away all his weapons that he relied upon, and will divide his spoils. He who is not with Me is against Me; and he who does not gather with Me scatters. When the unclean spirit has gone out of a man, he roams through waterless places in search of rest; and finding none, he says, 'I will return to my house which I left.' And when he has come to it, he finds the place swept. Then he goes and takes seven other spirits more evil than himself, and they enter in and dwell there; and the last state of that man becomes worse than the first. Now it came to pass as He was saying these things, that a certain woman from the crowd lifted up her voice and said to Him, Blessed is the womb that bore You, and the breasts that nursed You. But He said, Rather, blessed are they who hear the word of God and keep it.

OFFERTORY

The precepts of the Lord are right, rejoicing the heart, and His ordinances are sweeter than syrup or honey from the comb; therefore Your servant is careful of them.

SECRET May this offering, we beseech You, O Lord, cleanse us of our sins, and make holy the bodies and minds of Your servants for the celebration of the sacrificial rite. Through Jesus Christ, thy Son our Lord, Who liveth and reigneth with thee, in the unity of the Holy Ghost, God, world without end.

COMMUNION

The sparrow finds a home, and the swallow a nest in which she puts her young - Your altars, O Lord of Hosts, my King and my God! Happy they who dwell in Your house! continually they praise You.

POST COMMUNION

Be merciful, O Lord, we beseech You, and free from guilt and danger those whom You grant to share in this great sacrament. Through Jesus Christ, thy Son our Lord, Who liveth and reigneth with thee, in the unity of the Holy Ghost, God, world without end.

RECESSIONAL HYMN (Page 10)

PRAYERS

FOR THOSE IN MILITARY SERVICE MAY THE LORD PROTECT them as they protect us. May they be blessed for the selfless acts they perform for their country and for the world. May Our Blessed Mother watch over them and may their Guardian Angels shield them from all that would harm their souls and bodies. (If you would like to submit names of military personnel to pray for, simply write their names on a slip of paper and place it in the regular collection boxes.)

SALVE REGINA HAIL, HOLY, QUEEN, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy towards us. And after this our exile, show unto us the blessed Fruit of thy womb, JESUS. O clement, O loving, O sweet Virgin Mary.

PRAYER TO ST JOSEPH by St. Francis de Sales (to provide a solution to the property dilemma: GLORIOUS SAINT JOSEPH, spouse of Mary, grant we beseech thee, thy paternal protection, through the Heart of Jesus Christ. O thou Saint whose infinite power is extended to all our needs, rendering for us possible that which is impossible, look upon the concerns of thy children with thy fatherly countenance. In the troubles and sorrows that afflict us, we have confident recourse to thee. Deign to take under thy loving protection this important and difficult endeavor, the cause of our worries, and dispose its success to the glory of God and to the benefit of His faithful servants. AMEN.

THE SAINT MICHAEL PRAYER (Pope Leo XIII) SAINT MICHAEL, THE ARCHANGEL, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust down to hell Satan and all the evil spirits who roam through the world seeking the ruin of souls. AMEN.

CHURCH ETIQUETTE

WHEN YOU COME TO CHURCH please turn OFF all cell phones, hand-held electronic devices, pagers, watch alarms, etc., and anything else that can disrupt our sacred time with God. *It is possible for emails and texts to wait until later!*

DRESS CODE Please remember to dress appropriately for divine worship: neatly and modestly. Holy Mass is not an occasion when we "dress down" or appear "super-casual"! REVERENCE for God and RESPECT for neighbor should determine what we wear. Think about it. Thank you for your cooperation.

THERE ARE (AT LEAST) THREE REASONS to maintain a prayerful, quiet atmosphere in the church proper before and after services: (1) RESPECT for the House of God, (2) REVERENCE for the Blessed Sacrament, and (3) REGARD for those who want to pray in peace. The guiding principle should be DEVOTION NOT COMMOTION. Please carry on your friendly conversations in the church vestibules (with inside doors closed), outside, or at the coffee hours. Reverence and friendliness can and should co-exist—in their proper settings!

IN ADDITION ...We should make a determined effort to be *on time* for Mass, and we should make the little sacrifice to stay until Mass is over (that is, when the priest-celebrant leaves the sanctuary). When it be necessary to conduct children to the bathroom, please do not travel through the church during the CONSECRATION of the Mass. This will involve only a few moments of delay.

COMMUNITY INFO & CONTACTS

- ✝ **WEBSITE** skt-lmc.org
- ✝ **LOCATION** 4536 St. Paul Boulevard, Rochester NY 14617
- ✝ **MAILING ADDRESS / OFFICE** St. Kateri Parish
445 Kings Highway South, Rochester NY 14617-4138
- ✝ **MASS TIMES** Sundays 9:00am-English, 11:15am-Latin
Holy Days as announced in the bulletin.
- ✝ **CONFESSION** Sundays before & after 11:15am Mass. Two priests hear confession on the first Sunday of each month.
- ✝ **SACRAMENTS** Baptisms, Marriage Preparation, OCIA, and more are available for community members. Contact Father Bonsignore.
- ✝ **FAITH FORMATION** PreK through high school 10:10-11:05am
Sundays, September through May. No cost for community members.

CHAPLAIN

Father Dennis Bonsignore
585-244-8692

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bseppeler@gmail.com

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Marcy Gabello 585-756-6375

OFFICE PHONE

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PARISH CENTER/FAITH FORMATION PHONE

585-342-2478

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VOLUNTEERS/ LECTORS & CHURCH ENVELOPES

Denise Flanigen 585-467-8747
dflanigen@yahoo.com

RECESSIONAL HYMN



1. The glo - ry of these for - ty days
 2. A - lone and fast - ing Mo - ses saw
 3. So Dan - iel trained his mys - tic sight,
 4. Then grant us, Lord, like them to be
 5. O Fa - ther, Son, and Spir - it blest,



We cel - e - brate with songs of praise;
 The lov - ing God who gave the law;
 De - liv - er'd from the li - on's might;
 Full oft in fast and prayer with thee;
 To thee be ev - ery prayer ad - drest;



For Christ, by whom all things were made,
 And to E - li - jah, fast - ing, came
 And John, the Bride - groom's friend, be - came
 Our spir - its strength - en with thy grace,
 Who art in three - fold Name a - dored,



Him - self has fast - ed and has prayed.
 The steeds and char - i - ots of flame.
 The her - ald of Mes - si - ah's name.
 And give us joy to see thy face.
 From age to age, the on - ly Lord. A - men.



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Mark G. Hubbel



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ABORTION**